

June 28, 2017

**AMEND BOARD REPORT 12-1024-PO1
RESCIND BOARD REPORTS 95-0527-PO1 AND 06-0823-PO4
ADOPT A NEW LOCAL SCHOOL WELLNESS POLICY FOR STUDENTS**

THE CHIEF EXECUTIVE OFFICER RECOMMENDS:

~~That the Board amend rescind Board Reports 95-0527-PO1 and 06-0823-PO4, 12-1024-PO1 and adopt a~~

~~new Local School Wellness Policy For Students~~

PURPOSE: ~~The purpose of this policy is to ensure the Board's expectations for a healthy school environment are articulated and satisfied by establishing requirements for nutrition education, physical activity and the provision of healthy food choices at schools, and to ensure the Board's expectations for student health and wellness are articulated and satisfied.~~

RELIEF STATEMENT: ~~The Board recognizes the relationship that exists between academic~~

The Chief Health Officer and Executive Director of Nutrition Support Services, or their designees, shall collaborate to ensure all schools comply with the following criteria:

B. Nutrition Education: In order to establish a standardized approach to nutrition education, schools shall provide nutrition education programming during the classroom, dining center, and school

garden (where applicable) under the following framework; in accordance with the CPS Student Wellness Guidelines.

1. *Grade Level Requirements:*

a. *Elementary Schools and campuses serving grades K-8* are required to integrate evidence-based nutrition education into the curriculum ***in all grade levels in the school.*** Elementary schools that do not serve all grades K-8 (e.g. K-2, K-4, K-5, etc.) are subject to the requirements of this section.

C. School Food Service:

1. **Compliance with Laws and Regulations.** The food and beverages served on school campuses during the school day by CPS personnel as part of the National School Lunch Program (NSLP), National School Breakfast Program (NSBP), Seamless Summer Option (SSO) and Child and Adult Care Food Programs (CACFP) shall meet or exceed all applicable federal state and local laws and regulations as well as applicable Board policies and guidelines including but not limited to:

funded CPS food service programs;

b. Applicable Illinois law that regulates the service or sale of foods and beverages on school grounds;

c. Applicable law and regulations governing food safety and security for all foods made available on campus;

d. CPS Food Service guidelines applicable to reimbursable school meals which shall not be less

6. **Community Eligibility Provision (CEP):** Under the CEP, the district serves breakfast and lunch free of cost to all students without the burden of collecting household applications. As long as the district is

7. **Good Food Purchasing Policy (GFPP):** The Board of Education embraces the GFPP as a strategy to help improve our region's food system through the adoption and implementation of the Good

1. ~~Is consistent with state learning standards and CPS Student Wellness Guidelines;~~

2. ~~Is coordinated within a comprehensive health education curriculum;~~

4. ~~Is designed to foster engagement in physical activity that enables students to achieve and maintain a high level of personal fitness over their lifetime; and~~

5. ~~Is consistent with Health Optimizing Physical Education learning objectives and strategies~~

established by the Chief Instruction Officer including, but not limited to:

- ~~Engages all students in moderate to vigorous activity during two-thirds of all physical education class time;~~

feasible. Schools should engage parents in organizing adult supervised groups to facilitate safe walking and biking. This may include assessing walking and biking access to school and exploring ways to improve access. Schools shall develop an arrival and dismissal plan to ensure, where possible, safety

Local School Implementation:

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[REDACTED]

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[REDACTED]

[REDACTED]

as the School Wellness Champion who will (i) lead and coordinate their school's efforts to increase healthy eating and physical activity for students, (ii) serve as the liaison to CPS Office of Student Health and Wellness regarding school level efforts to implement this policy and reporting

[REDACTED]

[REDACTED]

[REDACTED]

O. **Review of Policy Coordination Efforts:** The Chief Health Officer and Executive Director shall designate individuals from central office departments and schools, as well as external stakeholders to