

FINAL

12-1114-PO1

November 14, 2012

**RESCIND BOARD REPORT 04-0623-PO1  
ADOPT A NEW HEALTHY SNACK AND BEVERAGE POLICY**

**THE CHIEF EXECUTIVE OFFICER RECOMMENDS:**

That the Board rescind Board Report 04-0623-PO1 and adopt new Healthy Snack and Beverage Policy.

**PURPOSE:** The purpose of this policy is to establish nutrition standards, requirements and recommendations for foods and beverages sold, provided or served to students at school that compete

with food provided under the National School Lunch Program (NSLP), National School Breakfast Program (NSBP), Seamless Summer Option (SSO) and the Child and Adult Care Food Program (CACFP). This

~~C. Bread, cereals, baked goods, and other whole grain based products shall have a whole grain (such as~~

- as whole wheat) listed as the first ingredient or contain grains that are at least 51% whole grains;
- 7. Cheese must be low, reduced-fat and low sodium;
- 8. Serving size does not exceed the food served in the National School Lunch/School Breakfast Program; for other sales, item package or container is not to exceed 150 calories for elementary and 200 calories for high school students;
- 9. Fruits packaged in their own juice, light syrup or dried will not exceed 150 calories for elementary schools, 180 calories for middle schools, and 200 calories for high schools; and
- 10. Dried fruit and nut combination products can be included within these guidelines if they meet the following standards:
  - a. The product includes only unsweetened dried fruit, nuts and or seeds,
  - b. The product contains no added sweeteners, and
  - ~~c. The combination of the product is exempt from the less than 25% of total calories from fat~~

D. **State or Federal Requirements:** Foods and/or beverages sold, provided or served to students on school grounds that compete with the school's operation of the NSLP, NSBP, SSO, or CACFP must comply with all applicable federal regulations. In the event the state or the USDA issue modified, more stringent, or additional nutritional standards for food or beverages sold, served or provided in schools, the Chief Health Officer is authorized to update the nutritional criteria and related requirements specified in this policy for conformance with new state and federal standards without further Board action. Any such

applicable standards.

E. **Vending Machines:** Vending machines are permitted to operate on CPS property for the sale of food and beverage items to students subject to the nutrition criteria outlined in this policy and the following additional requirements.

responsible for establishing a healthy celebrations and rewards plan for their school outlining the

measures the school will take to encourage healthy celebration food and beverage items. In the event no plan is established, a school may only permit food or beverages of minimal nutritional value to be served to students at a maximum of two celebrations per school year. The local school healthy celebrations and

rewards plan shall be developed in collaboration with the Local School Council and must conform with: (i) applicable federal regulations, (ii) the Board's Food Allergy Management Policy; (iii) applicable restrictions on home-baked goods in schools; and (iv) the guidelines to this Policy.

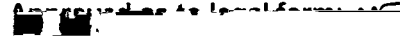
I. **Exceptions:** The nutrition criteria outlined in this policy are recommended, but not required for food or beverages sold, served or provided: (a) during a field trip or other school-sponsored activity or trip off school grounds; (b) at concession stands at a sports stadium, gym, field house, or auditorium, whether

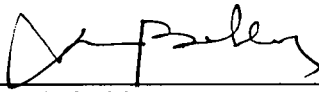
Approved for Consideration:

  
Jennifer Cheatham  
Chief of Instruction

Respectfully submitted:

  
Barbara Byrd-Bennett  
Chief Executive Officer



  
James L. Bebley  
General Counsel