# **WITHDRAWN**

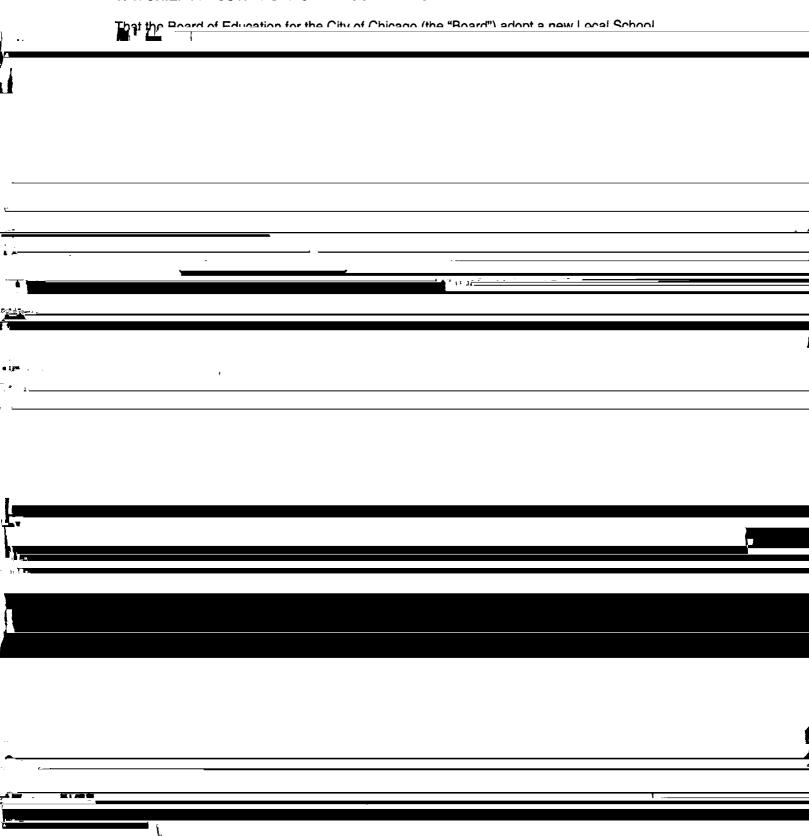
**DRAFT** 

06-0726-P01

July 26, 2006

# ADOPT A NEW LOCAL SCHOOL WELLNESS POLICY ADDRESSING NUTRITION AND PHYSICAL ACTIVITY IN SCHOOLS

## THE CHIEF EXECUTIVE OFFICER RECOMMENDS:



Moderate: Movement activities for ≥ 30 minutes that do not make Mayament activities for > 20 minutes that do make Vinorous: transposise and breatles band Physical Education: Physical education is a planned, sequential, curriculum (k-12) that provides cognitive content and learning experiences in a variety of activity areas, such as basic movement skills; physical fitness; rhythm gad denon-concert teem dual-and individual enemonatemention and

gymnastics; and aquatics.

#### II. SCOPE OF THE POLICY

All CPS schools shall make a reasonable effort to address goals for nutrition education, follow

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	Mains a proporty—aligned avidence beared systems	_
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	CPS shall monitor the use of such curriculum in high	
	(2) CPS shall monitor the use of such curriculum in high schools and design programming aimed at increasing the number of high schools that utilize a properly aligned evidence-based nutrition education curriculum.	
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Increase the number of schools providing instruction that is

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1.	Applicable	federal	regulations	regarding	all	aspects	of	the	Natio	nal
	School Lur	nch Prog	ram, the Na	tional Scho	ol E	Breakfast	Pro	gram	, and	all
	other feder	ally fund	ed CPS food	l service pro	ogra	ıms				

2.	Applicable	Illinois	law	that	regulates	the	service	or	sale	of	foods	and
	beverages	in partic	cipat	ina s	chools							

campus

4. Board policy governing the operation of snack vending machines, Board Report 04-0623-PO1, The Operation of Snack Vending Machines, as may be amended

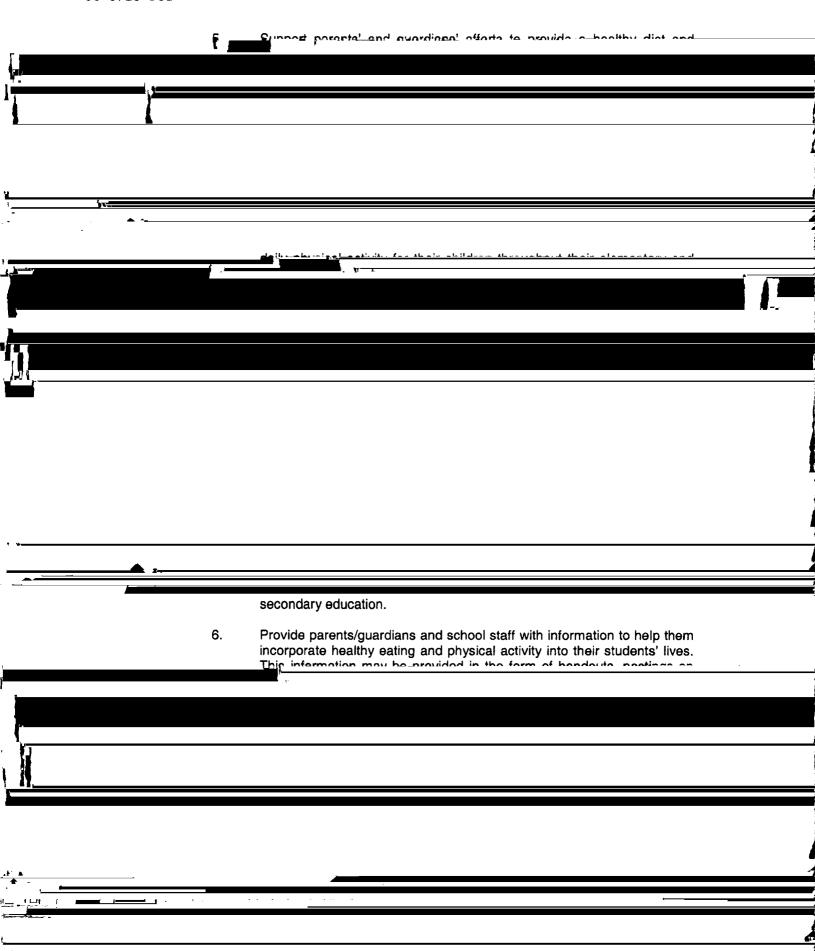
5. Board commitment to ensure that safe drinking water fountains are apprational and condition available throughout school promises.

6. Board policy governing the CPS commitment to accommodate dietary, cultural and religious preferences and needs of students in accordance with federal and state guidelines and regulations

### C. Physical Activity

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- e. Exhibits responsible personal and social behavior that respects self and others in physical activity settings.
- f. Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.
- 3. Maximize classroom time by integrating physical activity into lesson plans of other school subjects including math, science, language arts,



# B. Oversight and Monitoring

1. District Wide Oversight and Monitoring

	The Chief Executive Officer or designee shall be charged with the
	operational representative for ensuring that each echool mosts the local
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	wellness policy requirements.
	Such operational responsibility shall include:
	Developing guidelines and other materials that assist central
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